

**In This Issue...**

[Social Media](#)

[Disaster Preparedness Month](#)

[Homemade Treats for Your Dog](#)

[Happy Cat Month is Here!](#)

[Nicotine Poisoning is on the Rise!](#)



**September 2014**

**Are you keeping up with the latest information for you and your pets?**



**Disaster Preparedness Month.....**

Last month we provided you with some very important information to help you prepare for your pet's safety during a natural disaster. Is your plan in place yet? It's not too late! Remember, you'll need this list in your disaster kit:

1. your vets contact information
2. your nearest relatives information
3. your pets medications and shot history
4. rabies license number
5. ID number of your pets microchips and the company's contact information

Hello!

As I write fall is around the corner! I love FALL! I love the leaves changing color, pumpkins, and the cooler weather. I am looking forward to going to a pumpkin patch this year and doing the maze.

There is an overall excitement in the air at Guardian Pet Sitters®. As many of you know we have been looking to expand our team and after months of interviewing I am thrilled to say we have new staff members. Our new staff members are in training and will be ready to go soon. As you know Guardian Pet Sitters does not hire additional staff for holidays so having our new hires come on at this time of year is exciting! They will have over a month and half in the field to be prepared for the busy holiday season.

Our team had an awesome time at the SPAN bowl-a-thon. Jana made us all kitty and puppy ears and April put whiskers on our faces. We were called the Furrstastic Squad! Check out the picture of us on our Facebook page.

Per an article I recently read more folks are seeing the benefits of traveling in the fall. Scenery alone with the different color leaves and the cool weather are big reasons I like to travel in the fall. Are you planning a trip this fall? Have you made your plans for the holidays? Please let us know as soon as you plan your trip(s) to help us be efficient in our scheduling. We want our pet sitters spending more time with pets than driving in their car!

I want to thank our wonderful clients for the opportunity you give us to provide care for your pets and home. It is our pleasure to serve you. Thank you for taking the time to send in the evaluations to let me and the staff know how we are doing. It means a lot to me to know our staff is making a difference in your life and in the life of your pets.

I want to thank our staff for their commitment to Guardian Pet Sitters® and the pets and home in their care. It is my pleasure to serve you and work with you. We would not be the company we are and able to do what we do without you!

We look forward to providing our service and seeing our furry and feather friends!

Happy Fall!  
Sharon and the Guardian Pet Sitters® team

information

6. Local hotels that allow pets and ones who will let your pet stay during an emergency

7. Find out where you can go in an emergency to board your pets safely. Obtain information about several sites in the event they are unavailable.

8. Names and contact information of relatives who can assist you during an emergency.

Click [here](#) to read the full article on how you can keep your pet safe during a natural disaster.

## Homemade Treats for Your Dog

Autumn is upon us, you will probably find yourself cooking up a storm in the kitchen.

When you do, you know your favorite fur pal will be glued to your heels. Doesn't it make you feel just a little guilty when he silently pleads with those big, sad eyes? You might think to yourself, "I'd love to toss the pup a cookie but it's not good for him!" Well, there are some amazing, simple treats that you CAN cook up just for him. Keep reading for a healthy dog treat recipe that you will leave you guilt free!

### Chicken Wild Rice Dog Treats

#### Ingredients

- 1 cup wild rice, mash it up
- 1 cup of chicken, diced fine or shredded
- 3 Tablespoons rice flour
- 1 Tablespoon fresh diced parsley
- 1 egg, beaten

#### Instructions

1. Combine ingredients in a medium or large bowl.
2. Stir well.
3. Scoop the mixture into a cupcake pan. Fill to just below the top.
4. Bake for about 25 minutes or until golden brown
5. Cool completely before allowing your dog to eat



#### Notes

May be frozen. Store in an air tight container for best results. Dispose of after 3-5 days unless you decide to freeze them.

For more healthy treats, visit [www.lolathepitty.com](http://www.lolathepitty.com)

## Happy Cat Month is Here!

Did you know that September is Happy Cat Month? A month dedicated to awareness on various ways to keep your cat HAPPY! What are some of the ways in which you are currently keeping your cat happy? Treats on a Friday night? Special toys to play with? While this most likely does help your cat lead a happy life, we need to also take other steps to keep our furry friends happy campers. Health and lifestyle are important. You can't be happy if you are not healthy.

1. The Buddy System. Despite public opinion cats are social animals. Cats love to play. Especially with other cats. They like to stalk and chase so perhaps having another cat in the fold can add some joy to your cat's life. Also having someone else home or someone to come in during the day while you're off at work be the added enrichment they need in their life. .



2. Scratch Away! Scratching is a very important function in your cats life. It calms them. It is beneficial to their emotional well-being. Ensure you are providing them with adequate scratch toys. They need enough space to be able to stretch and claw with their nails. And it will keep you happy too!

3. Stepping Out. Most cats love the outdoors. So much to see and do! However it is not safe to let your cat roam the streets. To allow them the ability for outdoor time play try utilizing a leash and harness. This allows better control for you and quality air time for your cat. There are also some neat window boxes that allow your cat to hang out the window, so to speak or special fencing for cats to enjoy their backyard.

For more information on keeping your cat happy visit the [Catalyst Council](#). They have a wealth of data from a variety of experts in the animal health and welfare world.

## Nicotine Poisoning is on the Rise!

As many pet parents fight the battle of nicotine addiction, they often reach for e-cigarettes to help them fight their addiction. This is great but, there has been an increase of nicotine poisoning in pets. This increase is believed to be directly related to e-cigarettes. Just as with any other toxin, it's important to keep e-cigarettes out of any area or surface that your pet has access too. We will never cease to be amazed at the things our dogs and cats will chew on.

So what are the signs of nicotine poisoning, anyway?

- Vomiting
- Abnormal heart rate
- In-coordination
- Tremors
- Weakness
- Collapse



If any signs of nicotine poisoning are present, it's imperative that you contact your pet's veterinarian right away. Time is of the essence. Due to the fast acting nature of nicotine poisoning, treatment should not be delayed.

For more information about pet poisons that are lurking in your home, visit our [blog](#).