



peace *of* mind.



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**Are you keeping up with the latest information for you and your pets?**



## Did you catch our blog about [pumpkins and their seeds](#)?

Do you know just how beneficial pumpkin really is to your cat and dog's health? You will be pretty impressed to see just what a few dollops of this delicious vegetable can do!

Canned natural pumpkin (unsweetened - not the pie filling version we are all quite familiar with), pumpkin seeds, and fresh pumpkin cooked, have a plethora of benefits for cats and dogs. The flesh

and seeds are simply loaded with tons of nutrients and vitamins ranging from A, C, E, Beta-carotene, Zinc and Iron, to name a handful!



## November 2014

Hello,

It is the time of year when we are reminded to be thankful. I am thankful that each day of the year I can give thanks for our wonderful customers, our awesome team members, all of the amazing animals and for my family and friends that are part of the totally terrific life I get to enjoy because of all our wonderful customers, our awesome team members, the amazing animals and the family and friends. Oh my! Being thankful is a circle of forever gratitude.

Thanks to you for giving me the reasons to be thankful!

Happy Thanksgiving!

Sharon and the Guardian Pet Sitter's team!

## Top Tips to Keeping Your Pet Safe and Happy This Thanksgiving!

Thanksgiving is just a few days away! You've probably already been planning, shopping and cooking for this glorious holiday! Have you stopped to consider how your dog fits into your Thanksgiving feast? Most of us consider our dog as part of our family which could possibly entail including him in the Thanksgiving Day feast.

However, you must keep in mind that your dog depends on you to be a good steward and protect him at all costs. You don't have to exclude him from the festivities but, you must set some limitations. Keep reading for 5 ways to keep your dog safe AND happy this Thanksgiving.



**Exercise your dog.** Wait, what? Yes, you heard me right! A tired dog is less likely to misbehave and look for mischief! If your dog is full of energy, he will be more likely to be underfoot while you are preparing for the feast and entertaining your guests.

**Keep Alcohol out of your dog's reach.** Your dog might not be a drinker but with all of the tempting aromas floating through the air, your dog just might be inclined to take a sip! Alcohol is completely toxic - even in small amounts!

Read more about the amazing benefits of pumpkins [here!](#)



### **Do NOT give your dog a turkey bone!**

The same goes for ham bones, turkey bones, and bones from prime rib. All bones splinter. This could cause serious trouble for your dog's gastrointestinal tract. A splintered bone could cause a tear or even worse a blockage.

### **Turkey Skin is out of the question also!**

In fact, all fatty foods should be avoided. Even in small doses fatty foods can wreck havoc on your dog's tummy. This can lead to serious digestive problems including but not limited to pancreatitis.

**Just say no to spices.** Flavor enhancers can cause all kinds of problems! Seizures, death, stomach discomfort, anemia and even death. Onions, garlic, sage and nutmeg are some of the common seasonings we use during the holidays and these are some of the biggest offenders!

Arm yourself with these tips and a safe and Happy Thanksgiving is sure to be had by ALL members of your family!

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